

Enneagram Reminders

WHAT IT ISN'T

AN INTERNET QUIZ

The Enneagram is not a quiz that will match you with a fast food type or Marvel character. The Enneagram is meant for deep insight into your motives.

PUTTING YOU IN A BOX

The Enneagram will show you that you are not alone but that you are still one of a kind.

YOUR RELIGION OR PERSONALITY

The Enneagram is a tool, not the gospel. Nor can it fully capture your personality, family life, education, or trauma.

WHAT IT IS

ABOUT SELF AWARENESS, NOT SELF IMPROVEMENT

In our world of self improvement, the Enneagram is not here to 'fix' your personality, but to help you capitalize on your true strengths.

A RESOURCE FOR COMPASSION AND GROWTH

When you begin to understand yourself and others beyond behaviors, you begin to feel compassion that leads to freedom and growth.